|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Strength** | **Mon** | **Tues** | **Wed** | **Thurs** | **Friday** | **Sat** | **Sunday** |
| 1. |  |  |  |  |  |  |  |
| 2. |  |  |  |  |  |  |  |
| 3. |  |  |  |  |  |  |  |
| 4. |  |  |  |  |  |  |  |
| 5. |  |  |  |  |  |  |  |
| Recharge (Introvert/ Extrovert) |  |  |  |  |  |  |  |
| Connect with God (love language) |  |  |  |  |  |  |  |